



The Whipping Post

Volume 2, Issue 7

July 2011

Notes, News & Updates

OPERATION: I LOVE IT IN THE CAN: Donate one nonperishable item—rice, beans, toothpaste, etc.—with an expiration date into or beyond 2012 to a can drive that is sweeping the Kink nation. Help our local community by helping those who need a little extra to supplement their table. Our Club donations go to Metropolitan Community Church at 156 S Kansas. We've had months of collections, with some awesome prizes donated by various members. Don't forget your donated good this July, then see your name drawn for August's prizes. Have questions? Contact [Master Woo](#) or go to [1740's Projects](#) online.

SUB-SPACED: Providing a place and time for submissives to share experiences and knowledge, and impart and gain support, Sub-Spaced—open to novices and veterans—focuses on the individual needs of the submissive, by the submissive. To Dominants interested in better getting to understand the submissive mind: Please attend in silence; the group experiments with a Dom Q&A section to the format, but until then, please keep your questions and comments to yourself. Sub-Spaced next meets on Friday, July 22, and will discuss online vs real-life. For more information, contact Lady Tie; or look up [Sub-Spaced](#) on 1740's website.

1740 Board of Directors

Sir Darren – President **Doc Nukem – Vice President**
Christina – Secretary **Lady Tie – Treasurer**
Sir Thumper – Board Member

Contact them via email through board@seventeenforty.com

1740 Calendar of Events

JULY

Fri 1: Wichita First Friday Munch: Picnic at the Club!

Thurs 7: Board of Directors Meeting

Sat 9: Demo & Dungeon: Rope with OkieNawa

Fri 15: Quarterly Members' Meeting and Play Party

Thurs 21: Board of Directors Meeting

Fri 22: Sub-Spaced

Sat 23: Members' Night Play Party

Fri-Sat 29-30: Dark Weekend [5th weekend; Club closed]

AUGUST

Fri 5: Wichita First Friday Munch: Restaurant TBA

Thurs 11: Board of Directors Meeting

Sat 13: Demo & Dungeon

Fri 19: Members' Night Play Party

Thurs 25: Board of Directors Meeting

Sat 27: Members' Night Play Party

Inside this Edition

Notes, News, & Updates	page 1
1740 Board of Directors	page 1
Calendar of Events	page 1
Feature: Degrees of Respect	page 2
Feature: Journey of Roses	page 2
Feature: Writing Down your Life	page 3
Can you un-Kink the Kinkiness?	page 4
Feature: Uniforms 101 – Army	page 5
Feature: STDs: Herpes	page 5
Feature: importance of touch	page 5

CAMP GAEA ROAD TRIP: Air out the camping gear,

pack the toys, load the cooler, and did I mention: BRING THE TOYS! Gaea is a clothing-optional alternative lifestyle-friendly retreat center, and 1740 and friends plan to make our screams and moans heard from Friday, September 30 through Sunday, October 2. Join your fellow Kinksters in Mother Nature's natural dungeon. Registration is \$10 per person per night, and air conditioned cabins are available at \$20 per evening. Check out campgaea.org and [1740's Fetlife group](#) for more information about this naturally awesome event!

Degrees of Respect: Simple or Earned Respect

By Sir Darren

Individuals in Kink communities demand respect from one another; that is how Kink works: *You respect my kink, and I'll respect yours*. However, many people in the lifestyle also want individualized respect, as in a I-revere-and-fear-you type of respect. As with all the various shades and degrees associated with the word *love*, the word *respect* also has many meanings. Generalized or simple respect is far easier for a person to give to another, while revered respect is far more difficult to earn.

They both require, however, a starting point: Manners.

While most of us, though not all, were raised using the basic niceties of saying *Thank you*, *Yes Ma'am*, and *No, thank you*, these are not just words to be spoken by a submissive, bottom, boy, girl or slave! Each of us benefits from using these niceties in

our daily conversations. Lifestyle choices aside, it is much easier to convey bad news, acknowledge someone's presence, and carry on general conversation when one keeps a civil tongue in their head.

Also, the words *You are welcome* are part of this. Unfortunately, these three little words are extremely underutilized. It is not appropriate to say *No problem*, *It's alright*, or *Sure*. NO, NO, NO! *You are welcome*. Say it with me: "You are welcome."

Saying *Thank you* or *No, Sir* will get you started with simple respect. Earned respect, however, is a bit different. It takes time and consistency to earn respect.

Earning the respect of others does not come with being in agreement all the time. It does not come with being popular, fetish-skilled, or from rank in the community. It takes a period of time to show consistency for respect to be earned. Consistency in what? Good grief, Charlie Brown! That answer is long and subjective beyond belief!

Being consistent in "doing the right thing" tends to be the answer most often given. But doing what is right is, in and of itself, subjective. What is right to one person is *not* necessarily

right to others. Personal beliefs and backgrounds influenced by social and economic standing create a plethora of rights and wrongs. So to tell a person there is only one way to earn respect is ludicrous. But do we really need to *earn* respect anyway?

A fairly simple, though different philosophy, on the topic of respect follows: I will show or give respect, and I will develop a relationship with those who wish to cultivate respect. Don't expect me to earn it because I don't need it. My self-worth, my human identity, and my status as _____ (*fill in the blank*) is not predicated on my ability to gain your respect.

Civil societies respect qualities like kindness, altruism, wisdom, talent, competence, compassion, good taste, grace, and good manners. Conversely, some other civil societies value sheer force and power as respectable. No matter which school of thought you embrace, remember this: You cannot control the actions, thoughts, or beliefs of others. It may take a lifetime to earn respect and only a moment to lose every bit of it. So start with manners—and stick with them. It's a lot easier, and will eventually lead to respect, both simple and earned.

Basic niceties are not just words to be spoken by a submissive, bottom, boy, girl or slave!

Our lives change, and we must be trained to mold ourselves to the situation, to cling to the rocks and structures around us...

Journey of Roses

by redfire

My life has not been a bed of roses, but I now have roots for my place in this world. I see other roses growing beside me, and I appreciate the work it takes to see those buds bloom. Our lives change—every day, every week, every year—and, like roses, we must be trained to mold ourselves to the situation, to cling to the rocks and structures around us, so we grow with the other roses.

Lacking a good start, though, tender, attentive—and sometimes seemingly-harsh—continuous care will help us thrive, and become beautiful and whole.

My journey has been long to discover who and what I am. I am now able to stop and look around to see who else is blooming alongside me. Are you a rose like me? Or have you just stopped to admire the roses? Or are you tending to one or two? Where does your life take you, and are you blooming there?

I continue to bloom in the garden of 1740. Not just a group of people, we are roses that bloom together, some faster than others, but together—in mind, body and spirit—we have created a sea of multi-hued roses that continuously flower.

Notes, News & Updates cont.

WICHITA FIRST FRIDAY MUNCH: The Board of Directors continues to search for alternative restaurants for the Club's Munches, as they plan to rotate every second or third munch off-site from the Club proper. Do you have a favorite restaurant that you would like to share with your fellow Kinksters? Mention it to a BoD; the more choices of restaurants, the more variety in flavors for our palettes, and the more robust our play.

JULY DEMO: Plan for an all-day rope event with [OkieNawa!](#) As *the* premier education and play event of the year for 1740 Dungeon & Social Club, don't miss out by dragging your feet! The packet price include five captivating classes on bondage, suspension, and other rope play; a fine meal catered by lifestyle-friendly folks; and our hot, *hot*, *HOT* play party to close out the evening! [1740's group on FetLife](#) has more details. You can still RSVP for the event; don't delay any longer for this ~~spell~~binding demonstration.

A Peek into the Mind of Lady Tie: Writing Down your Life

This month I have been thinking about journals, diaries, and blogs, and I find that I need a place to just write out thoughts feeling and emotions. I try to write a daily journal. I find that writing things down often leads to positive things for me.

I often find clarity in my thoughts by just writing them down. I call it a written information dump. When my mind is in turmoil over things or I just can't seem to settle, I pick up a pen or type it out. I write anything that pops in my mind. When I am done I read things over, do some grouping and find that I can often make sense out of the turmoil. I try to keep these in a binder so I can look them over later and see if what I decided on was a good choice, or if something else might have worked better.

I also like to track my personal growth within the lifestyle. I do this with my journal. I write about things I have discovered or been taught in the lifestyle. I make notes of things I learned in classes or by talking to people. I like to write a list of things I want to learn more about and include a list of questions I would like to answer. I also like to make a list of people that I might want to talk to about that topic. I find that very helpful to reinforce the knowledge in my mind, and if I forget something I can often go back and figure things out.

I often find clarity in my thoughts by just writing them down.

My personal journal also covers people I meet that touch my life. I use nicknames I pick for them, that way if anyone would ever read it they would not know who I refer to. I describe things I admire about these people, feelings they trigger, fun things about them, or things about them that makes me uneasy. This helps me analyze how I feel about a person so that I know me better and I can discover why I responded to something the way I did. This has been very helpful to me on many levels including making me more confident with following my instincts.

I write down my personal goals and when I complete them. This keeps me accountable to myself. I make myself work on goals to improve myself. I feel if I don't have goals, I have nothing to work towards, nothing to focus me, and writing those goals helps me maintain that focus. It also gives me a list to flip back to and say I have accomplished this and that, so when I am feeling blue I have proof that I am making progress. I personally need that little bit of encouragement when times get tough.

I also like to use my journal as a communication tool when I struggle with how to tell someone something. I write it out and keep rewriting until it sounds good and explains what I want. Then I can hand that person the final draft telling them that I need to explain my views and don't wish to get risk my tongue not saying what my brain means. I do this with my husband when we have trouble and it saves hours of emotional battles over me not communicating in a way he will understand.

So as you can see I value the journal, blog and diary writing skills a great deal. I hope this gives you some ideas and that it helps you in expressing and improving yourself.

This helps me analyze how I feel, and makes me more confident in following my instincts.

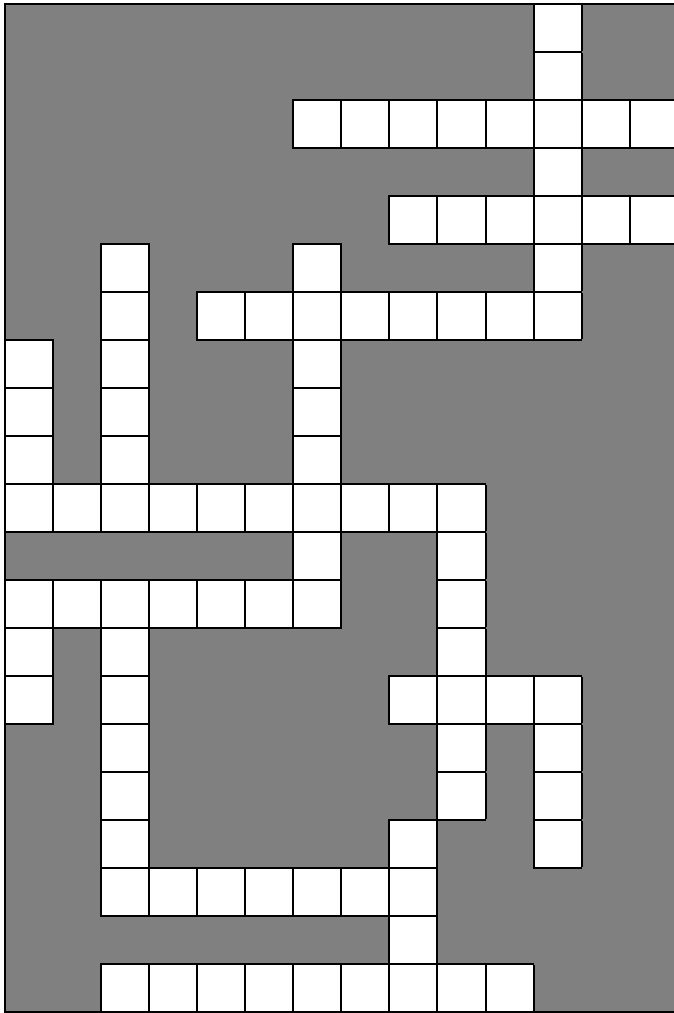
Notes, News & Updates cont.

MEMBERS' NIGHTS: Yes, that's right, it's plural, as in more than one Members' Night. Exciting, isn't it? The Club's calendar reflects two Members' Nights, at the demand of the members themselves. The third weekend of the month on Friday is Friday's Members' Night. The fourth weekend of the month on Saturday is Saturday's Members' Night. This editor could be mistaken, but trying to keep all that straight is a little confusing. *Can you think of some catchy names to distinguish between the two Members' Night events?* Toss out some suggestions, because all are welcome. For both nights, Club doors open between 8:30 to 9:30, and the Club closes at 2 am. Plan to attend both the Members' Nights this month for some no-holds barred playtime.

Kinky Puzzle:

By Sir Darren

Can you un-Kink the Kinkiness?



These words all fit into the puzzle above.

CHAINS	PISS	ROPE
WHIPS	ELECTRICAL	CBT
LEATHER	CUPPING	CATHETERS
PADDLES	DOUCHE	SOUNDING
SHIBARI	FIRE	CORSETRY
CUTTING		FLOGGING

Notes, News & Updates cont.

QUARTERLY MEMBERS MEETING: Want a better idea about where our Club is headed? Want to provide input and promote action? Attend the next quarterly meeting, scheduled for Friday, July 15, starting at 7:30 pm.

WEBSITE: Sleek and sophisticated, 1740's website, accessible at seventeenforty.com, is designed and maintained by Kaged Kitten and Xanadara. Continue to check the calendar, and sections "under construction," for updates.

UNIFORMS 101: Army Uniforms

by Sir Brian

Last month, the WP featured an article about uniform fetish. This month, and the next few editions, the WP will discuss the specifics of such uniforms so you have a better understanding of creating realistic uniform fetish-wear.

US Army soldiers, both men and women, wear the Army Combat Uniform (ACU), which features a camouflage pattern composed of a slate gray, desert sand and foliage green pixel pattern that becomes darker or lighter depending on exposure to sunlight to work effectively in desert, woodland and urban environments.

The ACU is worn with tan Army combat boots made of rough side out cattle hide leather with a plain toe and tan rubber outsoles. ACU combat headgear includes the patrol cap or boonie cap and can include a cold weather knit or fleece cap. While stationed in the garrison, the maroon US Airborne, tan US Army Rangers, green US Army Special Forces or black conventional unit beret or patrol cap is worn.

The Army Service Uniform (ASU), also described as Army Blues or Class A uniform, replaces the Army's Green and White uniforms. (The Army White uniform was worn for exceptionally formal summer events.) The dress blue ASU includes the blue coat and long-sleeved white shirt; males wear blue trousers and black tie, and females wear a blue knee-length skirt and black neck tab. Females, in the performance of their duties, are authorized to wear Army blue slacks. The black beret, Special Forces colored beret and service cap are authorized for wear with this uniform. When worn for social events in the evening, men may wear a black bow tie, and commanders may direct that headgear is not required. Military Police, Airborne or Paratroopers tuck and blouse their pant legs.

The Class B ASU, a slightly more relaxed Class A uniform, excludes the Class A blue coat. Also, soldiers may wear a short-sleeved white shirt with an unbuttoned collar and no necktie or neck tab.

Pick up a copy of the WOOLF Watch where I will expand more into the proper standards of wearing both the recently-issued and retro (dating from 1944 to 2004) US Army uniform. Next month's WP will include further information about other US military uniforms. Furthermore, if you have queries or comments please feel free to e-mail me directly at KnightRiderICT@yahoo.com.

STDs: Genital Herpes

By Sir Darren

It is an unfortunate truth that many in the Kink community carry (or have carried) a Sexually Transmitted Disease. Because of our propensity to play with multiple partners, we do in fact increase our chances of contracting an STD. In this month's Whipping Post, we will begin our series by examining genital herpes.

Genital herpes is a common STD, and most people with a genital herpes infection do not know they have it. Genital herpes is caused by the herpes simplex virus type 1 (HSV-1), but most cases is caused by type 2 (HSV-2). Many individuals have minimal-to-no signs or symptoms from the infection. When signs do occur, they typically appear as one or more blisters on or around the genitals or rectum. The blisters break, leaving tender ulcers that may take several weeks to heal after their initial occurrence. Another outbreak may appear weeks or even months after the first, but it almost always is less severe and shorter than the first. Although the infection can stay in the body indefinitely, the number of outbreaks tends to decrease over time.

Both strains of herpes can be found in and released from the sores that the viruses cause, but they also are released between outbreaks from skin that does not appear to have a sore. Generally, a person can only get a type-2 infection during sexual contact with someone who has a genital type-2 infection. ***Transmission may occur from an infected partner who does not have a visible sore and may not know that he or she is infected.***

Type-1 can cause genital herpes, but it more commonly causes infections of the mouth and lips, so-called "fever blisters." HSV-1 infection of the genitals can be caused by oral-genital or genital-genital contact with a person who has a type-1 infection. Genital HSV-1 outbreaks recur with less frequency than genital type-2 outbreaks.

Gender plays no favorites with herpes. As mentioned above, the transmission of this virus may take place via oral-genital or genital-to-genital contact. Thus, male-to-female, female-to-female, and male-to-male contact are all possible pairings for transmission.

Currently, there is no cure for herpes. But antiviral medications can shorten and prevent outbreaks as long as they

are taken as prescribed. The best answer is not a curative but a preventative. Use of latex condoms and similar barriers is not always effective but is highly recommended. Abstinence is the best practice to avoid transmission of HSV. However, since we know this community is not likely to abstain, the second suggestion is a monogamous relationship with testing and correct condom use.

As always, consult with your primary care provider for the best answers related to your situation.

Sources: CDC.gov and nih.gov.

importance of touch

by beautiful shifter

My mother has always told me I was the most sensitive of her children, that I perceived other people's emotions most readily and profoundly. She also said I internalized, and accepted the fault for, the negative emotions. If someone is upset, I assume they are upset with me. The same, unfortunately, does not happen with positive emotions; if a person is happy, it is because of someone or something else, not me. When I don't have touch, I become overly stressed, I become anxious, I become extremely self-analytical and self-demoralizing. I internalize the negative feelings of the people around me, not to mention my own negative emotions and thoughts, but I do not receive a counterbalance of positive touch.

This is why touch is so important to me. Touching someone does not lie. Words have far too many meanings, especially in the lifestyle. Words have their denotative and connotative meanings, both of which are highly subjective and vary greatly based on tone and inflection of voice, as well as facial expression, and all of that is open to interpretation by the hearer (me). But touch? Touch is very easy to understand. A hug expresses love, care, tenderness, support. A steady hand keeps me calm, or can calm me down. A repetitive caress slows my brain and makes me focus on something other than my mad thoughts.

As an adult, I can stand in the kitchen and hug my mother, sway in her embrace, and find such comfort, such acceptance of who I and what I am. I know my Dom and other people in the lifestyle are not my mother, but I have also discovered, in these last 11 months, that pain—given through touch—is also an avenue of acceptance and love.

Touching someone does not lie. Words have far too many meanings... [but] touch is very easy to understand.